

Tewantin  
Gympie  
Maroochydore

Caloundra  
Bli Bli  
Buderim

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# 'Dusk till Dawn' SLEEP CENTRE



## Patient Details

Patient's Name: \_\_\_\_\_ Commercial License  
Phone Number: \_\_\_\_\_  Yes  No  
DOB: \_\_\_\_\_ Medicare Number: \_\_\_\_\_ DVA  
 Yes  No

## Service Request (Please tick appropriate)

- Ambulatory Sleep Study (Level 2 PSG Medicare approved)  CPAP Review  CPAP Trial  
 Ambulatory Sleep Study (Level 2 PSG Medicare NOT approved)  Overnight Oximetry  Treatment Options Consultation  
 OSA screening test (patient funded)  Holter Monitoring  
 Rhinomanometry/Airway Resistance

## Epworth Sleepiness Scale (Medicare criteria must score **8** or more of the following)

How likely are you to doze off or fall asleep in the following situations?	Never	Slight	Moderate	High
Sitting and reading.	0	1	2	3
Watching TV.	0	1	2	3
Sitting inactive in a public place.	0	1	2	3
As a passenger in a car for an hour without a break.	0	1	2	3
Lying down to rest in the afternoon when circumstances permit.	0	1	2	3
Sitting and talking to someone.	0	1	2	3
Sitting quietly after lunch without alcohol.	0	1	2	3
In a car stopped for a few minutes in traffic.	0	1	2	3
<b>Total out of 24:</b>				

## STOP BANG Questionnaire (Medicare criteria must score **4** or more of the following)

Do you Snore Loudly?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you often feel Tired, Fatigued, or Sleepy during the daytime?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Has anyone Observed you Stop Breathing or Choking/Gasping during your sleep?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have or are you being treated for High Blood Pressure?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is your Body Mass Index more than 35 kg/m <sup>2</sup>	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are you over 50 years of age?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Neck size large: For male, is your shirt collar 43cm or larger? For female, is your shirt collar 41cm or larger? (Measured around Adams apple)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are you Male?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Total score</b>	

## Referring Doctor Details

Name: \_\_\_\_\_  
Provider Number: \_\_\_\_\_  
Address/Practice Name: \_\_\_\_\_  
Ph: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Clinical History Notes

- Restless Legs  COPD  Heart Disease  
 Depression  Diabetes  Neurological  
 Nocturia  Insomnia  CVA  
 Other (Please Explain) \_\_\_\_\_